SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 13D/A

Under the Securities Exchange Act of 1934 (Amendment No. 2)*

XpresSpa Group, Inc. (Formerly known as Form Holdings Corp.)

(Name of Issuer)

Common Stock, par value \$0.01 per share (Title of Class of Securities)

> 34634E102 (CUSIP Number)

Sidney Burke, Esq. DLA Piper LLP (US) 1251 Avenue of the Americas New York, New York 10020

(212) 335-4500 (Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications) October 1, 2019				
(Date of Event Which Requires Filing of this Statement)				
If the filing person has previously filed a statement on Schedule 13G to report the acquisition which is the subject of this Schedule 13D, and is filing this schedule because of Rule 13d-1(e), 13d-1(f) or 13d-1(g), check the following box. □				
Note : Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See Rule 13d-7 for other parties to whom copies are to be sent.				
*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.				
The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).				

1	Name of Reporting Person						
	Mistral Spa Holdings, LLC						
2	Check the Appropriate Box if a Member of a Group						
	(a) 🗆 (b) 🗆						
3	SEC Use Only						
4	Source of Funds	3					
	00						
5	Check Box if Disclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e)						
6	Citizenship or Place of Organization						
	Delaware	I					
	Number of	0	Sole Voting Power -0- Shared Voting Power				
	Shares Beneficially Owned by Each Reporting Person With	8	9,053,519 ¹				
		9	Sole Dispositive Power				
		1.0	-0-				
		10	Shared Dispositive Power				
			9,053,519 ¹				
11		unt Be	neficially Owned by Each Reporting Person				
	$9,053,519^1$						
12	Check Box if the Aggregate Amount in Row (11) Excludes Certain Shares*						
13	Percent of Class	Repr	esented by Amount in Row (11)				
	$51.87\%^{1}$						
14	Type of Reporting Person						
	OO (Limited Li	OO (Limited Liability Company)					

The 9,053,519 shares of Common Stock beneficially owned by each of MSH and MCM represent (i) 47.76% of the total voting power of the voting stock of the Issuer (i.e., outstanding Common Stock and outstanding Series E preferred stock on an as-converted basis, plus any Warrants and options held by the applicable Reporting Persons) and (ii) 51.87% of the outstanding shares of Common Stock (i.e., outstanding Common Stock plus any Warrants, and options held by the applicable Reporting Persons), and the 9,191,439 shares of Common Stock beneficially owned by Mr. Heyer represent (i) 48.15% of the total voting power of the voting stock of the Issuer and (ii) 52.26% of the outstanding shares of Common Stock.

For the purpose of calculating beneficial ownership in this Amendment No. 2, the total number of shares of Common Stock outstanding was 15,152,664 and the total number of shares of Common Stock issuable upon conversion of the Issuer's previously issued Series E Preferred Stock was 1,500,000, each as of December 2, 2019 and as reported in Amendment No. 2 to the Registration Statement on Form S-3 filed by the Issuer on December 9, 2019 with the Securities and Exchange Commission (the "SEC").

Mistral Spa Holdings, LLC ("MSH") is the record holder of, and each of the Reporting Persons beneficially owns, (a) 6,750,774 shares of common stock, \$0.01 par value per share ("Common Stock") of XpresSpa Group, Inc. (the "Issuer"), of which 158,820 shares of Common Stock remain deposited in various escrow accounts to cover certain indemnification claims made pursuant to the Merger Agreement, and (b) 2,302,745 shares of Common Stock issuable pursuant to certain outstanding five-year warrants, at an exercise price of \$2.00 per share (the "Warrants").

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1	Name of Reporting Person						
	Mistral Capital Management, LLC						
2	Check the	Appro	opriate Box if a Member of a Group				
	(a) □ (b) □						
4	Source of Funds						
	00						
		x if Di	sclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e)				
6	6 Citizenship or Place of Organization						
	Delaware						
		7	Sole Voting Power				
Nu	mber of	8	-0- Shared Voting Power				
	Shares		Charlet voting Fower				
	neficially vned by		9,053,519 ²				
	Each	9	Sole Dispositive Power				
Reporting Person With			-0-				
		10	Shared Dispositive Power				
			9,053,519 ²				
11	Aggregate	aggregate Amount Beneficially Owned by Each Reporting Person					
	$9{,}053{,}519^2$						
			e Aggregate Amount in Row (11) Excludes Certain Shares*				
13	Percent of	Class	Represented by Amount in Row (11)				
	51.87% ²						
		enortir	ng Person				
17	Type of Reporting Person						
	OO (Limi	ted Lia	ability Company)				

Mistral Capital Management, LLC ("*MCM*") is the sole manager of MSH. See footnote 1 to this filing for additional information regarding the securities of the Issuer that are beneficially owned by MCM.

1 Name of Reporting Person							
Andrew R. Heyer							
2	Check the Appropriate Box if a Member of a Group						
	$G_{0} \square G_{0} \square G_{0}$						
3		(a) □ (b) □ SEC Use Only					
	SEC OSC O	SEC USE OILLY					
4	Source of Funds						
	00						
5	Check Box if Disclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e)						
6	Citizenship	or Pla	ce of Organization				
	United State	25					
	Omica State	7	Sole Voting Power				
	1 6		137,920 ³				
I N	umber of Shares	8	Shared Voting Power				
Ве	eneficially		0.050.5404				
	wned by	9	9,053,519 ⁴ Sole Dispositive Power				
	Each	9	Sole Dispositive Power				
	eporting		137,920 ³				
Person With		10	Shared Dispositive Power				
			9,053,519 ⁴				
11	Aggregate Amount Beneficially Owned by Each Reporting Person						
	9,191,439 ^{3,4}						
12	9,191,439 ^{5,7} Check Box if the Aggregate Amount in Row (11) Excludes Certain Shares*						
_	Check Box	ii dic .	Taggregate Fillount in Fow (11) Excludes details shares				
13	Percent of C	Class F	Represented by Amount in Row (11)				
	50.00 (3.4						
14	52.26% ^{3,4} Type of Reporting Person						
14	Type of Reporting Leison						
	IN						

Includes 7,500 shares of Common Stock held of record by Heyer Investment Management LLC and 900 shares of Common Stock held of record by Andrew R. Heyer 2007 Associates, L.P., each of which Mr. Heyer controls.

⁴ Mr. Heyer is the managing member and the managing partner of MCM, which is the sole manager of MSH. See footnotes 1 and 2 to this filing for additional information regarding the securities of the Issuer that are beneficially owned by Mr. Heyer.

This Amendment No. 2 to Schedule 13D (this "Amendment No. 2") amends and supplements the Schedule 13D filed with the SEC on January 23, 2017 and amended on October 4, 2019 (as so amended, the "Original Schedule 13D"). Except as expressly set forth herein, there have been no changes in the information set forth in the Original Schedule 13D. Capitalized terms used but not defined in this Amendment No. 2 have the meanings given to such terms in the Original Schedule 13D. All numbers of shares of Common Stock in this Amendment No. 2 reflect the impact of the 1:20 reverse stock split of the Common Stock that became effective on February 22, 2019.

The purpose of this Amendment No. 2 is to correct certain of the Reporting Persons' beneficial ownership information after giving effect to the transactions previously disclosed in the Original Schedule 13D, based on additional information provided by the Issuer.

Item 4. Purpose of Transaction

Item 4 is hereby amended and restated in its entirety as follows:

The information set forth in the cover pages and Item 3 hereof is incorporated by reference into this Item 4.

All of the 6,750,774 shares of Common Stock that are held of record by MSH (of which 158,820 shares of Common Stock remain deposited in various escrow accounts to cover certain indemnification claims made pursuant to the Merger Agreement) and that may be deemed to be beneficially owned by the Reporting Persons, as reported herein, were acquired for investment purposes. Pursuant to the Merger Agreement, MSH also owns Warrants to purchase 2,302,745 shares of Common Stock at an exercise price of \$2.00 per share.

Mr. Heyer also holds (a) options to purchase 4,250 shares of Common Stock, at an exercise price of \$42.40 per share, pursuant to the Plan, which were issued on January 17, 2017 in connection with his service as a director of the Issuer, (b) options to purchase 7,500 shares of Common Stock, at an exercise price of \$4.20 per share, pursuant to the Plan, which were issued on February 11, 2019 in connection with his service as a director of the Issuer, and (c) 5,750 shares of Common Stock, which were acquired for investment purposes. Mr. Heyer's options to purchase shares of Common Stock vest in equal quarterly installments over a one-year period, with one-fourth vesting on the date of grant and one-fourth vesting at the end of each fiscal quarter thereafter.

The Reporting Persons retain the right to change their investment intent, from time to time, and to sell or otherwise dispose of all or part of the Common Stock or other securities of the Issuer, beneficially owned by them, based on market conditions and other factors they may deem relevant. The Reporting Persons may engage from time to time in ordinary course transactions, including entering into margin loans, with financial institutions with respect to the securities described herein. The Reporting Persons reserve the right in the future to engage in any hedging or similar transactions with respect to the securities described herein. Except as described above, none of the Reporting Persons currently has any plans or proposals which would be related to or would result in any of the matters described in Items 4(a)-(j) of the Instructions to Schedule 13D. However, as part of the ongoing evaluation of the investment and investment alternatives, the Reporting Persons may consider such matters and, subject to applicable law, may formulate a plan with respect to such matters, and, from time to time, may hold discussions with or make formal proposals to management or the board of directors of the Issuer or other third parties regarding such matters.

Item 5. Interest in Securities of the Issuer

Item 5 is hereby amended and restated in its entirety as follows:

MSH is the record owner of an aggregate of 6,750,774 shares of Common Stock (of which 158,820 shares of Common Stock remain deposited in various escrow accounts to cover certain indemnification claims made pursuant to the Merger Agreement) and Warrants to purchase 2,302,745 shares of Common Stock at an exercise price of \$2.00 per share.

Mr. Heyer also holds (a) options to purchase 4,250 shares of Common Stock, at an exercise price of \$42.40 per share, pursuant to the Plan, which were issued on January 17, 2017 in connection with his service as a director of the Issuer, (b) options to purchase 7,500 shares of Common Stock, at an exercise price of \$4.20 per share, pursuant to the Plan, which were issued on February 11, 2019 in connection with his service as a director of the Issuer, and (c) 5,750 shares of Common Stock, which were acquired for investment purposes. Mr. Heyer's options to purchase shares of Common Stock vest in equal quarterly installments over a one-year period, with one-fourth vesting on the date of grant and one-fourth vesting at the end of each fiscal quarter thereafter.

MCM disclaims beneficial ownership of all of the securities of the Issuer included in this report, and the filing of this report shall not be construed as an admission that any such person or entity is the beneficial owner of any such securities for purposes of Section 13(d) or 13(g) of the Securities Exchange Act of 1934, as amended, or for any other purpose.

See also the information contained on the cover pages of this Amendment No. 2 which is incorporated herein by reference.

- (a) For the purpose of calculating beneficial ownership in this Amendment No. 2, the total number of shares of Common Stock outstanding was 15,152,664 and the total number of shares of Common Stock issuable upon conversion of the Issuer's previously issued Series E Preferred Stock was 1,500,000, each as of December 2, 2019 and as reported in Amendment No. 2 to the Registration Statement on Form S-3 filed by the Issuer on December 9, 2019 with the Securities and Exchange Commission.
 - (i) MSH may be deemed to beneficially own 9,053,519 shares of Common Stock, constituting approximately 51.87% of the shares of outstanding Common Stock;
 - (ii) MCM may be deemed to beneficially own 9,053,519 shares of Common Stock, constituting approximately 51.87% of the shares of outstanding Common Stock; and
 - (iii) Mr. Heyer may be deemed to beneficially own 9,191,439 shares of Common Stock, constituting approximately 52.26% of the shares of outstanding Common Stock.

(b)

- (i) MSH may be deemed to have the sole power to vote or dispose or direct the voting or disposition of 0 shares of Common Stock, and the shared power (along with MCM and Mr. Heyer) to vote or dispose or direct the voting or disposition of 9,053,519 shares of Common Stock;
- (ii) MCM may be deemed to have the sole power to vote or dispose or direct the voting or disposition of 0 shares of Common Stock, and the shared power (along with Mr. Heyer and MSH) to vote or dispose or direct the voting or disposition of 9,053,519 shares of Common Stock; and
- (iii) Mr. Heyer may be deemed to have the sole power to vote or dispose or direct the voting or disposition of 137,920 shares of Common Stock (which includes 7,500 shares of Common Stock held of record by Heyer Investment Management LLC and 900 shares of Common Stock held of record by Andrew R. Heyer 2007 Associates, L.P., each of which Mr. Heyer controls), and the shared power (along with MSH and MCM) to vote or dispose or direct the voting or disposition of 9,191,439 shares of Common Stock.
- (c) There have been no reportable transactions with respect to the Common Stock of the Issuer within the last 60 days by the Reporting Persons other than as described in this Statement on Schedule 13D.
- (d) Not applicable.
- (e) Not applicable.

Item 6. Contracts, Arrangements, Understandings or Relationships with Respect to Securities of the Issuer

The disclosure set forth under Item 3 of this Amendment No. 2 is incorporated herein by reference.

SIGNATURES

After reasonable inquiry and to the best knowledge and belief of each of the undersigned, each of the undersigned certifies that the information set forth in this statement with respect to such person is true, complete and correct.

Dated: December 20, 2019

MISTRAL SPA HOLDINGS, LLC

By: /s/ Andrew R. Heyer

Name: Andrew R. Heyer Title: Chief Executive Officer

MISTRAL CAPITAL MANAGEMENT, LLC

By: /s/ Andrew R. Heyer

Name: Andrew R. Heyer Title: Managing Member

ANDREW R. HEYER

/s/ Andrew R. Heyer