FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b)

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Date (Month/Day/Year)   Park	1. Name ar	2. Issuer Name and Ticker or Trading Symbol XpresSpa Group, Inc. [XSPA]									(Check	all app	tionship of Reportir all applicable) Director Officer (give title		10% O					
Street   NEW YORK   NY   10001   State   Cipy   S	C/O XPRESSPA GROUP, INC.														Λ		,		,	
Table   - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   Security (Instr. 3)   2A. Deemed Execution Date, if any (Month/Day/Year)   (Month/Day/Year)   (Month/Day/Year)   2A. Deemed Execution Date, if any (Month/Day/Year)   2A. Deemed Execution Date in the Execution	(Street) NEW YORK NY 10001					4. If Amendment, Date of Original Filed (Month/Day/Year)									Line)	X Form filed by One Reporting Person Form filed by More than One Reporting				
1. Title of Security (Instr. 3)    2. Transaction Date (Month/Day/Year)   2. Demed Execution Date, (Month/Day/Year)   2. Transaction Date (Month/Day/Year)   2. Demed Execution Date, (Month/Day/Year)   2. Transaction (By) (Instr. 3, 4 and 5)   3. Transaction (By) (Instr. 3, 4 and 5)   3. Transaction (By) (Instr. 3, 4 and 5)   3. Transaction (By) (Instr. 3)   3. Transaction (By) (Instr. 3)   3. Transaction (By) (Instr. 4)   3. Transaction (By) (Instr. 3)   3. Transaction (By) (Instr. 4)   3. Transaction (Instr. 4)   3. Transaction (By) (Instr. 4)   3. Transaction (	(- 5)				Ion-Deriva	tive	Secui	rities	Ac	auire	d. Di	sposed o	f. or E	Benefi	cially	Own	ed			
Common Stock	1. Title of Security (Instr. 3) 2. Tr. Date					ion 2A. D Execu		eemed ution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A)			5. Amount of Securities Beneficially Owned Following		ount of ities icially d Following	Form: Direct (D) or Indirect		7. Nature of Indirect Beneficial Ownership
Common Stock   04/12/2022   S(1)   5,000   D   \$1.11(3)   27,425   D									Ī	Code	v	Amount	(A) or (D)	Price		Transa	action(s)			(Instr. 4)
Common Stock  O4/13/2022  S(1)  S,000  D  \$1.104(4)  22,425  D  Common Stock  O4/14/2022  S(1)  S,000  D  \$1.084(5)  17,425  D  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Securities Acquired (Month/Day/Year)  Securities Acquired (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  4. Transaction Date (Month/Day/Year)  5. Number of Derivative Securities Underlying Derivative Securities Securi	Common Stock				04/11/20	11/2022				S <sup>(1)</sup> 5,000 D \$		\$1.	1(2)	32,425			D			
Common Stock  O4/14/2022  S(1)  S,000  D  \$1.084(5)  17,425  D  Common Stock  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Securities  Conversion or Exercise Price of Derivative Security (Instr. 3)  (Instr. 3)  S,000  D  \$1.0601(6)  12,405  D  1. Title and Amount of Security (Instr. 3)  Acquired (A) or Disposed of, or Beneficially Owned (Execution Date, if any (Month/Day/Year))  Transaction Date (Month/Day/Year)  Securities Acquired (Month/Day/Year)  S,020  D  \$1.0601(6)  12,405  D  1. Title and Amount of Securities Securities Securities (Month/Day/Year)  Transaction Date (Month/Day/Year)  Securities Securities Securities Securities Securities (Instr. 4)  To Derivative Securities Securities (Instr. 5)  Ownership Form: Direct (D) or Indirect (I) (Instr. 4)  Ownership Securities Securities Securities (Instr. 4)	Common Stock 04/12/20					22				S <sup>(1)</sup>		5,000	D	\$1.	\$1.11(3)		27,425		D	
Common Stock  O4/18/2022  S(I) 5,020 D \$1.0601(6) 12,405 D  Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Securities (Month/Day/Year)  2. Conversion or Exercise Price of Derivative Security (Instr. 3)  (Instr. 3)  3. Transaction Date (Month/Day/Year)  (Month/Day/Year)  (Month/Day/Year)  4. Transaction Code (Instr. 8)  5. Number of Derivative Securities (Month/Day/Year)  6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and Amount of Securities Securities Underlying Derivative Securities Underlying Derivative Securities (Instr. 4)  8. Price of Derivative Securities Securities Underlying Derivative Securities (Instr. 4)  9. Number of derivative Securities Securities Underlying Derivative Securities (Instr. 4)  Ownership Form: Direct (D) or Indirect (I) (Instr. 4)  (Instr. 4)	Common Stock 04/13/202					22				<b>S</b> <sup>(1)</sup>		5,000	D	\$1.1	04(4)	2	22,425		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Security (Instr. 3)  1. Transaction Date (Month/Day/Year)  2. Conversion or Exercise Price of Derivative Security (Instr. 3)  2. (Month/Day/Year)  3. Transaction Date Exercisable and Execution Date, if any (Month/Day/Year)  4. Transaction Code (Instr. 8)  5. Number of Expiration Date (Month/Day/Year)  6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and Amount of Securities Underlying Derivative Security (Instr. 5)  9. Number of derivative Security (Instr. 5)  9. Number of derivative Security (Instr. 5)  10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)  (Instr. 4)	Common Stock 04/14/202					22				S <sup>(1)</sup>		5,000	D	\$1.0	)84 <sup>(5)</sup>		17,425		D	
(e.g., puts, calls, warrants, options, convertible securities)  1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security (Security Security Security (Instr. 3)  1. Title of Derivative Security (Instr. 3)  3. Transaction Date (Execution Date, if any (Month/Day/Year) (Month/Day/Year)  4. Transaction of Derivative Securities (Month/Day/Year)  4. Transaction Date (Month/Day/Year)  5. Number of Expiration Date (Month/Day/Year)  6. Date Exercisable and Expiration Date (Month/Day/Year)  9. Number of derivative Security (Instr. 5)  10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)  11. Nation of Derivative Security (Instr. 5)  11. Nation of Derivative Security (Instr. 5)  12. Ownership Ownership Ownership Derivative Security (Instr. 4)  13. Transaction Date (Instr. 4)	Common Stock 04/18/202					22				S <sup>(1)</sup>		5,020	D	\$1.0601(6)		1	12,405		D	
1. Title of Derivative Security (Instr. 3)  1. Title of Derivative Security Security  2. Conversion or Exercise Price of Derivative Security  (Instr. 3)  1. Title of Derivative Security  (Instr. 3)  2. Conversion or Exercise (Month/Day/Year)  3. Transaction Date Exercisable and Execution Date, if any (Month/Day/Year)  (Month/Day/Year)  3. Transaction Date Exercisable and Execution Date (Month/Day/Year)  3. Transaction Date Exercisable and Exercisable and Expiration Date (Month/Day/Year)  3. Transaction Date Exercisable and Expiration Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  5. Number of Derivative Security (Instr. 5)  9. Number of derivative Security (Instr. 5)  Ownership Form: Direct (D) or Indirect (I) (Instr. 4)  Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			Та	ble II												Owne	d			
	Derivative Security	Conversion or Exercise Price of Derivative	Date	Exec if any	cution Date, Tr		action	of (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4		Expiration (Month/Day		rcisable and Date	7. Titl Amou Secur Under Deriva Secur	Amount of Securities Underlying Derivative Security (Instr 3 and 4)		ivative curity	derivative Securities Beneficiall Owned Following Reported Transaction	y C	Ownership Form: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)

## **Explanation of Responses:**

- 1. The transaction was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- 2. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$1.08 to \$1.11, inclusive. The reporting person undertakes to provide to XpresSpa Group, Inc., any security holder of XpresSpa Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.

Date

(D)

Expiration

- 3. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$1.10 to \$1.12, inclusive. The reporting person undertakes to provide to XpresSpa Group, Inc., any security holder of XpresSpa Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote
- 4. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$1.10 to \$1.11, inclusive. The reporting person undertakes to provide to XpresSpa Group, Inc., any security holder of XpresSpa Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 5. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$1.08 to \$1.09, inclusive. The reporting person undertakes to provide to XpresSpa Group, Inc., any security holder of XpresSpa Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote
- 6. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$1.05 to \$1.08, inclusive. The reporting person undertakes to provide to XpresSpa Group, Inc., any security holder of XpresSpa Group, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.

## Remarks:

/s/ Cara Soffer, Attorney-in-Fact for Scott R. Milford

Number

04/25/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.